

TRAINING AND CONSULTATION TOPICS:

- Working with Abused Women: Frontline Staff
- Cross-Cultural Perspectives on Violence Against Women
- Diversity Training
- Resources for Abused Women
- Intervention Strategies
- Anti-Violence Initiatives
- Elder Abuse
- Partner Abuse
- Same Sex Partner Abuse
- Sexual Assault
- Impacts of Abuse on Immigrant and Refugee Women
- Women in the Workplace
- Human Resources Strategies
- EAP Training on Woman Abuse
- Development of non-discriminatory policies and procedures

Our training and consultations are not limited to the above topics. We can customize any type of workshop to meet your organization's needs and objectives. Our programs are developed with an anti-oppression framework.

WHAT PARTICIPANTS SAY ABOUT OUR PROGRAMS:

"I like that it was informative and we were able to speak openly and comfortably about such a serious issue."
- [Distress Centre Scarborough]

"...the presenters were able to address the vast array of questions that were asked." - [Distress Centre North]

"The workshop was valuable because it increased our knowledge base of DV (domestic violence)...."
- [Smith Falls Nurse]

"The workshop was very engaging and well thought-out."
- [Distress Centre North]

"This kind of workshop provides informative info to help us serve callers better!" - [Distress Centre Scarborough]

"I enjoyed the enthusiasm of the presenters and the practical examples" - [Distress Centre North]

"Helpful in opening up our field of vision with regard to domestic violence and how we can play a role in being helpful." - [Smith Falls Nurse]

Our experienced training team provides a learning environment that meets your needs, resulting in training that is effective and valuable.

WHAT THE TRAINING PROVIDES YOU:

- Deeper knowledge of woman abuse
- Exploration of the theoretical understanding of VAW and its consequences
- The chance to work with others
- An opportunity to learn about resources and options available to abused women

We look forward to designing a training program or workshop that is right for your organization or group. Depending on your needs, we can develop a program that is a couple of hours, half-day, full-day, or multi-days in lengths. We will also provide a thorough training manual for all participants, at extra cost.

For more information call the Assaulted Women's Helpline Training, Resource and Outreach team at:

416-364-4144 x230 or x223
Toll Free Admin: 1-888-364-1210
or visit www.awhl.org

Contact us to discuss our fees – a sliding scale is available.

In addition to our workplace training programs, the Assaulted Women's Helpline offers a toll-free and TTY telephone crisis line to all women in the province of Ontario who have experienced abuse. We provide counselling, emotional support, safety planning, information and referrals. Our service allows women to reach out for help free of charge in up to 154 languages, 24 hours a day, 7 days a week, assured of their anonymity and confidentiality

Women in crisis can call:

GTA: 416-863-0511
Toll Free (Ontario): 1-866-863-0511
Toll Free TTY: 1-866-863-7868
#SAFE: #7233 from a Bell Mobility phone



ASSAULTED WOMEN'S HELPLINE



ASSAULTED WOMEN'S HELPLINE

TRAINING PROGRAMS FOR THE NON-PROFIT SECTOR

"Violence against women both violates and impairs, or nullifies the enjoyment by women of their human rights and fundamental freedoms... VAW is a manifestation of the historically unequal power imbalance between men and women."

[Beijing Platform For Action, 1995]

SOME FACTS ABOUT ABUSE:

We know from statistics, media coverage and the tens of thousands of women who call our Helpline each year, that woman abuse is epidemic.

One half of all Canadian women have experienced at least one form of violence since the age of 16. That woman is someone's mother, daughter, sister, lover, wife, friend, coworker or employee.

Abuse can take many forms:

- Physical
- Emotional/psychological
- Sexual
- Financial
- Neglect/isolation
- Threats/intimidation
- + others

Woman abuse affects people of all cultures, ages, religions, sexual orientations, educational backgrounds, and income levels.

All businesses, corporations, and service agencies are touched by violence against women.

It does not stay behind closed doors. It is an issue that women have no choice but to live with and survive. That may mean bringing it to work, or out of the privacy of their homes.

WE ARE ALL AFFECTED BY WOMAN ABUSE
so we all have the power and responsibility
to eradicate it.

Physical traumas, long-term disabilities, depression, post-traumatic stress, low self-esteem, alcohol & drug dependence including use/abuse of prescription drugs, and the potential of continuing the cycle with new partners and/or their children are just some of the effects of violence against women.

The scars of abuse are inescapable.

Woman abuse affects a woman's health, well-being, productivity, creativity, and strive to survive.

When I dare to be powerful –
To use my strength
in the service of my vision, then it becomes
less and less important
whether I am afraid.

Audre Lorde (1934 – 1992)

YOU AS A COMMUNITY MEMBER HAVE A DUTY

As a community member, it is extremely important to recognize the warning signs of abuse. Since woman abuse is about Power and Control, it is not the women's fault, and we all have an obligation to do something about it.

When we as a society realize that woman abuse affects us all, we will be able to save lives.

AWHL TRAINING PROGRAMS FOR YOUR WORKPLACE:

Our training team can teach you the skills to identify and address violence against women wherever it occurs.

Our workshops are designed to be interactive and proactive, focusing on violence prevention and intervention. One of the benefits of this type of training is a more cohesive team, which will ultimately increase productivity.

We provide trainings both for the workplace and for the non-profit sector. We have trained boards, management, lawyers, psychologists, teachers, and nurses, as well as crisis centre volunteers, women's support groups, and housing workers, to name a few. We can provide consultation and/or customize any training or workshop for your particular group and its objectives.

OUR TRAINING, RESOURCE & OUTREACH TEAM:

VERLIA STEPHENS

Verlia brings over 15 years of working to end violence against women. She also has extensive experience as a counselor, group facilitator, team builder, and dispute resolution worker. Her years of experience, creative style, sense of humour, and dedication allow people to be productive and comfortable in their learning process.

VANIA SUKOLA

Vania is a creative and dynamic facilitator whose work in the VAW sector includes experience as a shelter counselor, school liaison worker for children and youth, outreach worker, as well as extensive work overseas providing trainings in this field. She is a compassionate listener who favours an interactive process and group work. Her passion and positive energy encourages a vibrant and supportive training atmosphere.

SATTIE NARAIN

Sattie, who is the Program Manager at the Helpline, is a compassionate and dedicated educator with extensive experience working in shelters and as a group facilitator.